

CLINICAL HERBALISM PROGRAM PRE-REGISTRATION INFORMATION

Thank you for interest in the 2025 Clinical Herbalism Program!

Please read this detailed information about our program before you apply.

Our second year program in Clinical Herbalism is intended for those who are seeking to expand their understanding of herbal medicine into formulation, clinical assessment, therapeutics and holistic case management.

This course provides valuable training for clinical herbalists who are already starting to see their own clients. It is also appropriate for community herbalists working with their friends, family and neighbors, who want to expand their skills. This program provides lots of opportunities to practice through round-table case discussion and real world clinical experience.

Taking place over five in-person weekends and many live online seminars, and culminating in our Mock Clinic, this program represents some of the most advanced clinical herbal training in the Portland area, led by instructors with 25+ years of clinical experience working with patients.

- 100 hours of training, with course material in pulse and tongue diagnostics, interviewing and assessment skills, complex formula construction, recognizing red flags, working with low dose herbs, doing herbal research, and holistic case management.
- Class size is limited to 10 students
- Individualized one-on-one meetings with instructors
- Includes one camping weekend
- Free access to an additional 60 hours live online materia medica classes
- Out-of-class work and assignments includes practicing skills, preparing case presentations, and one research project.
- The last weekend includes the Mock Clinic: an opportunity to perform clinical interviews, assessments, and formulation for volunteer clients with the support of your classmates and instructor.

Requirements: Participants must have completed at least one year of foundation-level herbal training, and must already have a working knowledge of single herb materia medica and medicine making.

Tuition: \$2100

Application Process

After you fill out the online application (located <u>here</u>) we will contact you within a few days to find a time to set up an interview over Zoom. Please be ready to have time available for a 30-60 minute interview in the week following your application. The interview is an opportunity for you to ask questions about the program and for us to find out if your interest in the program and background herbal experience matches what we offer. We will also discuss our liability contract and other agreements during your interview.

After the interview, we will let you know if you can proceed with the enrollment process. The full tuition is due when you complete registration.

Where and When

Our program will meet in person **10 am - 5 pm** in Portland, Oregon on the following dates:

February 15-16 April 12-13 June 7-8 September 27-28

Our camping weekend will be **July 10-13**.

We will also meet for live online seminars and discussion over Zoom 1-2 times per month on a weekday morning for 2 hours from late February through September.

Advanced class participants also have free access to all Elderberry school online Materia Medica classes. These classes are on **Thursday evenings 6 - 9 pm** in February, March, April, May, September, and October. This totals to 60 hours of live instruction.

What to Expect in the In Person Classes

Our in person classes are held in a comfortably heated and well lit yurt on a community farm, and possibly in other locations. Students and the instructor sit in a circle, some on chairs and others on pillows on the floor. Most students take notes with pen and paper.

Carpooling

The farm where our classroom is located has a limited number of parking spaces and carpooling with fellow students is required.

Planning for Accommodations

For students attending from out of town, you will need to find accomodations for the night between our Saturday and Sunday classes. Staying overnight on the farm is possible, but arrangements with the farm community would need to be made.

Homework and Certificate of Completion

Out-of-class work in the second year of Clinical Herbal study is much more significant than in the first year. Expect to do on average 2-4 hours of outside work each week. There will be some required reading assignments as well as research and skill practice. Attendance for our in-person weekends is critical for completion.

Refund Policy and Cancellations

The Clinical Herbalism Program is an 8-month committment to herbal education and community building. We expect all registered students to attend the program to its completion.

A full refund for tuition minus a non-refundable \$195 deposit can be issued up to 30 days before the start of the course. Less than 30 days (but more than 7 days) before the class begins, 50% of the paid tuition amount can be refunded. **No refunds are possible for cancellations less than 7 days before the start of the first class or after the program begins.**

If the school needs to cancel any particular class date(s) due to circumstances beyond our control such as fire, extreme air quality issues, stay-at-home orders, loss of venue, the collapse of civilization, zombies, meteor strikes, etc. we will do our best to reschedule missed dates but this is not guaranteed.

Questions?

Please feel free to contact us with questions about the program via email at <u>elderberryschoolpdx@gmail.com</u>.